

Allendale Lifelong Learners

November 2020

Allendale
Charter Township est. 1849

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From the Director's Desk

I'm so excited to unveil this new format for our online newsletter. It still has most of the same content as the printed, but just an "easier to read online" format. Let me know what you think.

We're looking for creative ways to still meet as the weather turns cooler. I hope you can join us for some of the planned activities! Until next month...Hugs!

Kathy

**THE FIRST
70
YEARS
◀ OF CHILDHOOD ▶
ARE ALWAYS THE
HARDEST**

HOW TO TELL YOU'RE AN ADULT:

- You gain 30 pounds overnight
- You'd rather sleep than go out
- Everything hurts
- Comfort before style
- You have a favorite spatula
- College students look like 12 year olds

THE PASTOR STOLE OUR SPOON!

A pastor had dinner at the home of a couple in his church. After he left, the wife said to the husband, "I think he stole our spoon!" This bothered her for a whole year.



A year later the couple had the pastor for dinner again. Unable to resist, the wife asked, "Did you steal our spoon last year?" The pastor replied, "No, I put it inside your Bible."

All Things Michigan...

FRICANO'S PIZZA—Way back when in 1949 this man Gus Fricano believed in a product that nobody in Michigan had even heard of before. Even his own mother told him it was a bad idea, that Americans would not like pizza. But my father thought better, he just knew somehow that pizza would be a very big deal. With my grammas help they created the greatest thin crust pizza pie in our wonderful state of Michigan and beyond. Something so new and different the first customers to walk in to the Tavern didn't even know how to say it. Didn't even know what it was. My father explained and said just sit down and eat one. Then you'll know. Even after all these years it still amazes everyone who eats a Fricano's Pizza how much they just plain LOVE it. That's what really matters. Thank you all for being the great patrons that you are.

There is a HUGE recommendation about our pizza that we would like to promote. Our pizzas should be ordered with extra sauce AND well done. We put the sauce on top of the cheese and it provides a wonderful, juicy, tangy flavor. Near the edge, the sauce combines with the crust and cheese and a maillard reaction (think caramelized) occurs and the flavor/texture drives people wild. Fricano's Pizza is a very interesting, dynamic and perhaps mysterious pizza as you all know. After 70+ years of making and eating them, we (including many long time customers) have come to some conclusions and this is a big one!



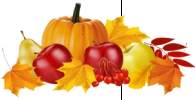

How Michigan started with a Mistake—Located in the woods are two markers where Michigan got its start about two centuries ago. They mark the states Meridian, (north and south line) and the Baseline, (east and west line). All of the townships and counties in Michigan's two peninsulas are surveyed from these two points. The markers are located in Meridian Baseline State Park about 15 miles north of Jackson.

The state has two points because there were two surveyors. On April 28, 1815, Benjamin Hough began surveying the Michigan territory. He started heading north from Fort Defiance in Ohio and about 70 miles north he set the first initial point in Michigan and began surveying sections 1 and 2. A second surveyor by the name of Fletcher surveyed sections 3 and 4 but his work was grossly inaccurate. To correct Fletcher's mistakes a second initial point was established. One point is used for the east side of the state and the other is used for the west side of the state. Michigan is the only state to use two initial points for its public land surveying.

For years the twin initial points sat in a landlocked section of woods surrounded by private land. No one was allowed to visit them. In 2014 the state was able to create a parking lot and a trail to the two markers. It is about a mile and a half hike round trip to see the markers. If you do visit, I recommend bug spray since they are in a rather swampy area.



November 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:30 AM— Breakfast Club 10 AM— Exercise	3 7AM to 8 PM Election Day	4 11:30 AM— Lunch Bunch.	5	6 10 AM— Exercise	7
8	9 10 AM— Exercise	10 9AM— Coffee at Sprinkles	11 12:00 noon— Veterans Luncheon Veterans Day	12 5:00PM— Supper Club	13 10 AM— Exercise	14
15 	16 10 AM— Exercise	17	18 12 Noon— Luncheon at Main St Pub	19	20 10 AM— Exercise Last class until Febru- ary	21
22	23	24	25	26 Thanksgiving		28
29	30 12PM— Lunch with Friends	We are gradually beginning to meet in restaurants and indoor locations as the weather turns cooler. Please follow guidelines regarding the establishment we are meeting in. If you are not comfortable joining us, we will understand and anxiously await the time we can meet without restrictions. Thank you for understanding.				



- I try to find the good in every situation. Wait. That was a typo. I meant “food.” I try to find the food in every situation.
- I heard the Doctor ask the nurse how the little boy was that swallowed the quarters, Nurse said still no change!

- Just got 30 minutes of cardio trying to pick up an ice cube from the kitchen floor.
- I'm such a thrill seeker, when I see a ‘Caution, Wet Floor’ sign, I walk faster...
- We keep a potato masher in the drawer because sometimes it’s fun to not be able to open that drawer.
- Lance is a pretty uncommon name these days, but in medieval times, people were named Lance a lot!
- So if you’re OUT OF WHACK—does that mean more whack has been ordered?
- A pirate walks into a bar with a paper towel on his head. The bartender asks, “Hey, what’s with the paper towel?” The pirate says, “Argh, I’ve got a Bounty on me head!”
- I think it’s adorable they’re putting jokes on the side of snacks now. Like listen to this one: serving size—3 cookies!
- I prefer not to think before speaking. I like being just as surprised as everyone else by what comes out of my mouth.
- I’m ready for the week! I got my umbrella, my flip flops, turtle neck, my suntan lotion, my fur coat, my shades, my thermals, my tank top and my Vicks!
- It was a sad and disappointing day when I discovered my Universal Remote Control did not, in fact, control the Universe...not even remotely!
- I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.
- When people see a cat's litter box they always say, "Oh, have you got a cat?" I just say, "No, it's for company!"
- Employment application blanks always ask who is to be called in case of an emergency. I think you should write, "An ambulance."
- The older you get the tougher it is to lose weight because by then your body and your fat have gotten to be really good friends.



- Most people don’t think I’m as old as I am until they hear me stand up.
- A recent study found that the average golfer walks about 900 miles a year. Another study found golfers drink, on average, 22 gallons of alcohol a year, which means, on average, golfers get about 41 miles to the gallon. Kind of makes you proud to be a golfer! I almost feel like a hybrid!



WHAT'S HAPPENING

VOLUNTARY DUES WAIVED FOR NOW—We will not be collecting dues as we have done in the past. There are no “extras” happening at this time, so therefore there is no need to collect the voluntary dues. If you have any questions, please just ask. We are implementing some changes—such as no more “FREE” breakfast, dessert or prizes for Bunco. Our congregate meals have become “bring your own supplies” lately, so there’s no cost to the group. When we are able to gather with fewer restrictions, I will let you know if we will collect dues at that time. Thanks for understanding!

Monday, November 2 at 8:30 AM—Breakfast Club at **Murphy’s**. Join us as we gather to celebrate this months birthdays. You will no longer receive a free breakfast, but if you are a regular attendee you will receive a special gift in the mail. Thanks for understanding.

Wednesday, November 4, 11:30 AM Lunch Bunch at Mr. Burger in Hudsonville—We will meet at the restaurant for lunch and fellowship. Trivia for prizes! I hope you can join us!

Tuesday, November 10 at 9:00 AM, Coffee at Sprinkles—Come out for some coffee and donuts and catch up on some Allendale News. Stay for a while or grab and go—either way it will be fun to see you.

Wednesday, November 11 at 12 noon—Veterans Day Luncheon at Main St Pub. Free to all Veterans. Guests are \$10.00 each. Roast Beef dinner with all the trimmings. Due to Covid restrictions, there will not be a service for the Veterans. We hope to honor you with a short video and meal. Thank you to all of our veterans!!!

Thursday, November 12 at 5:00 PM, Supper Club at Vitale’s of Zeeland—Join the group as we visit one of our favorite places to eat. We will celebrate November anniversaries.

Wednesday, November 18 at 12:00 noon, Monthly Luncheon at Main St. Pub—Celebrating with grateful hearts! Let’s meet for a Thanksgiving feast! Pay \$10.00 at the door.

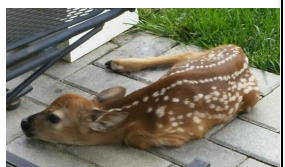
Monday, November 30 at 12 noon, Lunch with friends at Olive Garden in Muskegon—Get out for some shopping, lunch and fellowship. It’s a good time to get out with friends and try something new. Call if you want to carpool,

Exercise Classes— Monday and Friday at 10 AM— Class will continue through November 20th at the Love INC building, 6633 Lake Michigan Drive. Enter on the east side of the building and bring a towel. Best part: FREE!!!! No cost and you’re learning some great ideas!! I hope you can join us! Thanks Terri, Calli and Northern Physical therapy for working with us!! We appreciate you!

Mystery Trip—We may not be able to ride in a bus together, but you can take your own mystery trip. You choose the day and time, pick up your itinerary from the town hall and you are on your way!! Currently, I have 3 Mystery trips available.

This fawn was on our porch and I thought it’s mom had died... called animal control and they said what this article says:

Dear Friends, we just received our first phone call regarding newborn fawns, therefore it is the time of the year to post this. Deer deliver their newborns in the strangest of places! Residents will find them and be concerned about a newborn deer on their lawn, in their garden, under the azaleas, etc. Most call because they think the fawn is in peril and Mom is nowhere to be found. Well, Mom is actually off feeding and helping to keep predators away. Those who call ask what they should do for the fawn ... Leave it alone, do not touch, move or attempt to feed it. Here's the scoop. Deer are NOT like horses. They do not have their legs under them immediately and need time to rest after birth. Horses get up and go that's the sign of a healthy horse. A healthy fawn will curl up, nap most of the day and move their heads. They have no scent and predators cannot find them unless humans interfere. Mom leaves during the day for 2 primary reasons: to feed, and to keep her scent a distance from the fawn. Mom will come back (unless something tragic happens to her), but don't expect her until dusk and certainly don't expect her if humans are hovering around. If you are fortunate enough to have the gift of a fawn please enjoy the experience, respect Mother Nature and let the Mom do what comes naturally. She will move the fawn daily so you may see it in different locations. Please share,



EATING IN THE FIFTIES

Pasta had not been invented. It was macaroni or spaghetti

Curry was a surname.

A take-away was a mathematical problem.

Pizza? Sounds like a leaning tower somewhere.

Bananas and oranges only appeared at Christmas time.

All chips were plain.

Oil was for lubricating, fat was for cooking.

Tea was made in a teapot using tea leaves and never green.

Cubed sugar was regarded as posh.

Chickens didn't have fingers in those days.

None of us had ever heard of yogurt.

Healthy food consisted of anything edible.

Cooking outside was called camping.

Seaweed was not a recognized food.

'Kebab' was not even a word, never mind a food.

Sugar enjoyed a good press in those days, and was regarded as being white gold.

Prunes were medicinal.

Surprisingly muesli was readily available. It was called cattle feed.

Pineapples came in chunks in a tin; we had only ever seen a picture of a real one.

Water came out of the tap. If someone had suggested bottling it and charging more than gasoline for it, they would have become a laughing stock.

The one thing that we never ever had on/at our table in the fifties ... was *elbows, hats and cell phones*.



Community Opportunities

- **Ripple Effect**—6561 Lake Michigan Drive. The proceeds are used to support mission work in our community and abroad. They are in need of volunteers to help sort store donations and to work in the store. If you are interested in helping, please stop by and let them know.
- **Love INC**—Volunteers are needed for this ministry as they continue to supply help to the needy in our community. You can work in their “New to You” store or in the office. Contact them directly at 895-5629 for more information or email them at info@allendalelove.org
- **Engine House #5 Museum**—This local museum is in need of enthusiastic volunteers to help with projects, sorting materials, labeling displays and just willing to help keep this museum growing. If you would like to learn more, please contact Jeff or Kim Blum at 616-895-8121, or stop by during normal business hours.
- **Allendale American Legion**—We meet every second Monday of the month at Life Stream Church. Door A, Room 119. Sea, air, and land stories are told at 6:30pm, meeting at 7:00pm. If you are a Veteran, come by and check us out.

PUBLIC SERVICE ANNOUNCEMENTS:

- When paying for an activity with the group, please make your checks out to **Allendale Lifelong Learners**. Thank you!
- Please note that if Allendale Public Schools are closed due to weather conditions, all Lifelong Learners events scheduled for that day will also be cancelled.

Here is information on area businesses and individuals who provide classes or events for your needs.



• **SNAP FITNESS**—If you are members of a Medicare health plan, you may have access to the SilverSneakers® Fitness Program. Stop in and see for yourself or visit the website www.silversneakers.com/snap/

• **Silver and Fit** is a program that promotes exercise for the healthy, aging population. If interested, reach out to our professional staff at **Northern Ivy of Allendale at 616-895-4050** to get set up on your individualized

programming.

- **PICKLE BALL**—Every Wednesday and Friday from 9:30 to 11:30 at the new and improved Pickle Ball courts in the township park in summer and at Life Stream (6561 Lake Michigan Drive) in winter. Not sure if you like to play? Stop by and check it out. There are many friendly people there to help! Equipment is provided.



My uncle shared this with me recently. I thought it was interesting and wanted to share with you. I'm sure there are many of you who can relate!

There were many events that happened in August of 1963. On August 7th Mrs. Jacqueline Kennedy became the first 1st lady since Mrs. Cleveland to give birth. The 12th was the day that Stan Musial announced he would retire at end of the year. On the 28th Martin Luther King Jr. gave the "I have a dream" speech. And on the 31st Marilyn Kay Ramer and William Jay Miller were united in holy matrimony at Yellow Creek Mennonite Church. Marilyn was one of the early trendsetters at Yellow Creek to wear a veil over her face at the wedding.



Uncle Willie and Aunt Marilyn

When we left on our Honeymoon, which was planned for a week trip to Niagara Falls, we had nearly \$150.00 to take along. Fortunately, or unfortunately (depending on the view), Marilyn started with an extreme toothache so we only spent 4 days in our travels. We returned home with enough money left to buy groceries to stock the kitchen shelves of our 10' x 50' mobile home that we had purchased.

Fuel for the trip cost \$20.22. We had the extra car expense of needing to get the left front wheel bearing replaced while in the hills of Pennsylvania. This set us back a full \$12.60. Totally not planned for since I had just had other items on the car, a 1955 Chevrolet, repaired the day of the wedding. We picked it up after the wedding and we were on our way.

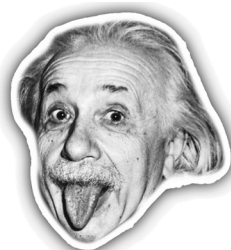
Lodging cost a total of \$35.68 for 4 nights. Tolls and admission charges and \$14.75 for our meals ran our total bill up to \$110.64.



**A FUN RIDDLE FOR YOU:
WHAT HAS 4 LETTERS,
SOMETIMES 9 LETTERS,
BUT NEVER HAS 5 LETTERS?**

I asked one of my friends who has crossed 70 & is heading to 80 what sort of changes he is feeling in himself? He sent me the following very interesting lines, which I would like to share with you

1. After loving my parents, my siblings, my spouse, my children, my friends, now I have started loving myself.
2. I just realized that I am not "Atlas". The world does not rest on my shoulders.
3. I now stopped bargaining with vegetables & fruits vendors. A few pennies more is not going to burn a hole in my pocket but it might help the poor fellow save for his daughter's school fees.
4. I pay my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than me.
5. I stopped telling the elderly that they've already narrated that story many times. The story makes them walk down the memory lane & relive the past.
6. I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.
7. I give compliments freely & generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment, never, NEVER turn it down, just say "Thank You"
8. I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.
9. I walk away from people who don't value me. They might not know my worth, but I do.
10. I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat & neither am I in any race.
11. I am learning not to be embarrassed by my emotions. It's my emotions that make me human.
12. I have learned that it's better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships I will never be alone.
13. I have learned to live each day as if it's the last. After all, it might be the last.
14. I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be!



THE REST OF THE STORY...

I believe in the rest of the story. I believe there's still ink in the pen.... and someday all that's hazy through a clouded glass will be clear at last.

The 77th anniversary of the sinking of the United States Army Transport Dorchester and the selfless acts of four Army chaplains who sacrificed their lives to save others is marked by ceremonies at American Legion Posts nationwide.

The Dorchester was sunk on February 3, 1943, while transporting troops to an American base in Greenland. A German U-boat fired a torpedo that struck the ship, killing 672 of the 902 officers and enlisted men, merchant seamen and civilian workers aboard.

As those aboard rushed to lifeboats, Methodist Rev. George Fox, Jewish Rabbi Alexander Goode, Dutch Reformed Rev. Clark Poling and Roman Catholic priest Father John Washington comforted the wounded and directed others to safety.

According to an Army.mil article, Petty Officer John J. Mahoney was headed back towards his cabin when someone asked him where he was going.

"To get my gloves," Mahoney replied.

"Here, take these," said Goode as he handed a pair of gloves to Mahoney.

"I can't take those gloves," Mahoney replied.

"Never mind," Goode said. "I have two pairs."

Engineer Grady Clark also witnessed an astonishing sight, the Army.mil article continues. When there were no more life jackets, the chaplains simultaneously removed theirs and gave them to four frightened young men. When giving their life jackets, Goode did not call out for a Jew; Washington did not call out for a Catholic; nor did Fox or Poling call out for a Protestant. They simply gave their life jackets to the next man in line. One survivor would later call it "the finest thing I have seen or hope to see this side of heaven."

As the ship went down, survivors in nearby rafts could see the four chaplains -- arms linked and braced against the slanting deck of the Dorchester. Their voices could also be heard offering prayers and singing hymns.

American Legion posts nationwide remember Four Chaplains Day with memorial services that pay tribute to the chaplains and the other men who lost their lives.

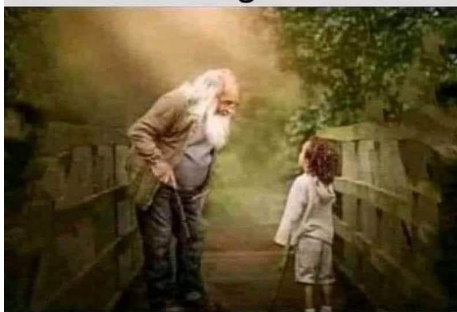
The four chaplains were posthumously awarded the Distinguished Service Cross and Purple Heart. Congress wanted to confer the Medal of Honor on them but was blocked by the stringent requirements which required heroism performed under fire. So a posthumous Special Medal for Heroism, The Four Chaplains' Medal, was authorized by Congress and awarded by President Dwight Eisenhower on Jan. 18, 1961. It was never given before and will never be given again.



So, who are the kind of men who carry pocket knives today? They are typically utilitarian. They are the type of men who work hard for a living, fix what is broken, and stand fearless in the face of a world full of evil. To put it simply, they are the type of men that I feel this world needs more of.



I asked a wise man,
"tell me sir, in which field
could I make a great career?"



He said with a smile, "be a good
human being. There is a lot of
opportunity in this area and
very little competition."

2014: Didn't jog

2015: Didn't jog

2016: Didn't jog

2017: Didn't jog

2018: Didn't jog

2019: Didn't jog

2020: Still haven't jogged

This is a running joke.



This newsletter is a service of the Allendale Charter Township Senior Citizens organization. If you know somebody who would benefit from the information included in this newsletter, please contact Kathy Hanes at 616-843-0572 or email khanes@allendale-twp.org