

Allendale Lifelong Learners

May 2021

Allendale
Charter Township est. 1849

In this issue:

- All Things Michigan
- Calendar of events
- Rambling Thoughts
- Just to Warm your heart
- The Rest of the Story

From the Director's Desk

While we aren't quite back to where we were, we are able to do a few more things. We are looking forward to travel again and soon we can return to some of our favorite group activities. Not all at once, but gradually...

I've enjoyed the blooming flowers and trees this spring. How about you? Have you noticed that everything seemed to bloom at once? I told a friend that I always thought fall was my favorite season, but lately spring is giving my cozy, bonfire, sweater wearing weather some competition! But each season offers beauty, if you choose to see it. I digress...

We have a couple of trips coming up this month and next. Dale and Gale Zeiger in Hart. This used to be Little Organ in the Woods when they were down by Caledonia, but they have moved to Hart and have a little theatre for their musical performances. This trip is scheduled for May 19. Then we are going to Shipshewana for a day trip on June 16th. This takes the place of our mystery trip, but with so many unknowns in life right now, I'm just lifting that element of surprise right out of the equation and letting you know where we're going! See page 13 for details.

I just started training for a 1/2 marathon scheduled for next fall. That's 13.1 miles of running...continuously!!! If you know me, I have never been a runner, but I'm stepping up to the challenge! It's part of my 60 by 60 plan. I'll share more on that later...Until next month, Hugs...

Kathy



Thurs, May 27th, 2021
Time 11:00-1:00 pm

SCREENING LOCATION
Allendale Township Park Pavilion
6678 Lake Michigan Drive

RESERVE YOUR TIME
Call Northern Ivy Rehab at
616-965-6540

DETAILS
Testing time is approx. 20 - 25 minutes.
Wear comfortable clothes and shoes

SCREENS PROVIDED BY
Terri Jeurink MPT,CMT,CIDN
Thomas Genther PT,DPT
Ivy Team
Terri.jeurink@ivyrehab.com

Strong Steps Screening

Join our Strong Steps™ fall prevention experts in a FREE screening for adults 55 and older

We'll cover strength, balance, aerobic ability and more – and see where you can reduce your risk for falls. You'll learn your specific risk for falls based on age, gender and your results. And discover what you can do to improve your fitness.

What is the StrongSteps™ program?
Designed for both active and sedentary adults, Strong Steps™ optimizes wellness, reduces the risk of falling, and minimizes other barriers to living life to the fullest

Precautions to ensure your safety are a priority. Social distancing and masks for all participants are required.

ivyrehab
PHYSICAL THERAPY



**I PUT THE
THINGAMABOB INSIDE
THE WHATCHAMACALLIT,
TURNED THE
DOOHICKEY AND THE
WUTEVERITIS STILL
DOESN'T WORK.
ANY IDEAS?**

**I was watching an Australian Cooking show and the audience applauded when the chef made a meringue.
I was surprised...Australians usually boo meringue.**

Call Kathy at 616-843-0572 or email khanes@allendale-twp.org
if you would like more information on the Allendale Lifelong Learners
or any of the activities listed in this newsletter.



A Little Bit of this and that...



Give me a sense of humor, Lord—Give me the grace to see a joke.
To get some humor out of life and pass it on to other folk!

- Waitress: How did you find your steak Sir? I just looked next to the potatoes and there it was.
- Just think how much of your life is spent walking back to the trash can and checking the box to see how long you need to microwave your food.
- Life is a funny thing. At twenty we knew all the answers-- fifty years later even the questions confuse us.
- If you have to wear both a mask and glasses, you may be entitled to condensation.
- The girl in the middle of the tennis court is Annette.
- Water is heavier than butane because butane is a lighter fluid.
- My son wants to study burrowing rodents, so I told him to gopher it!
- Nothing tops a plain pizza.
- Cosmetology student misses class! Forced to make up makeup test.
- I pulled a muscle digging for gold. It was just a miner injury.
- I never finish anything. I have a black belt in partial arts.
- What do you call a hippies wife? Mississippi.
- Why aren't chickens allowed in church? Because they use 'fowl' language.
- On this day in 1876: Alexander Graham Bell makes the first ever telephone call. Moments later her learns his extended car warranty has expired!
- What do you get when you pick a pigs nose? Ham boogers!
- I don't feel like I'm getting older...It's more like my warranty has expired and my parts are wearing out.
- Stop, drop and roll was such a big deal when I was younger. I really expected to be on fire more as an adult.
- When a man says he'll do anything for a woman, he means fight bad guys and kill dragons, not vacuum or wash dishes.
- What if my dog only brings back the ball because he thinks I like throwing it?
- If poison is past its expiration date, is it more poisonous or is it no longer poisonous?
- Maybe oxygen is slowly killing you and it just takes 75-100 years to fully work.
- The words 'swims' upside down is still 'swims'!
- Intentionally losing a game of rock, paper, scissors is just as hard as trying to win.
- Do twins ever realize that one of them was unplanned?



A single guy decided life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet. After some discussion, he finally bought a talking centipede, which came in a little white box to use as his house.

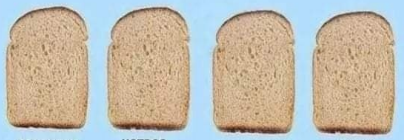


He took the box back home, and decided he would start off by taking his new pet to church with him. So he knocked on the box and asked the centipede, "Would you like to go to church with me today? We will have a good time."

But there was no answer from his new pet. This bothered him a bit, but he waited a few minutes and then asked again, "How about going to church with me and receiving blessings?" But again, there was no answer from his new friend and pet. So he waited a few minutes more, thinking about the situation. Finally, the guy decided to give the centipede one last chance. This time he put his face right up against his pet's house and shouted, "Hey, in there! Would you like to go to Church with me and learn about God?"

This time, a rather annoyed little voice came out of the box, "I heard you the first time! I'm putting my shoes on."

GROWING UP POOR



SANDWICH BREAD

HOTDOG BUN

HAMBURGER BUN

GARLIC BREAD

THE STRUGGLE WAS REAL

DON'T WORRY ABOUT GETTING OLDER



YOU'RE STILL GONNA DO DUMB STUFF ONLY SLOWER

Rambling Thoughts

Did you know these things had names? How many do you know?

The space between your eyebrows is called a glabella.

The way it smells after the rain is called petrichor.

The plastic or metallic coating at the end of your shoelaces is called an aglet.

The rumbling of your stomach is actually called a wamble.

The cry of a new born baby is called a vagitus.

The prongs of a fork are called tines.

The sheen or light that you can see when you close your eyes and press your hands on them is called phosphenes.

The tiny plastic table placed in the middle of the pizza box is called a box tent. (Who knew?)

The day after tomorrow is called overmorrow.

Your tiny toe or finger is called minimus.

The wired cage that holds the cork in a bottle of champagne is called an agraffe.

The 'na na na' and 'la la la' which don't really have any meaning in the lyrics of any song are called the vocables.

When you combine an exclamation mark with a questions mark (like this— ?!), it is referred to as an interrobang.

The space between your nostrils is called columelia nasi.

The armhole in clothes, where the sleeves are sewn, is called the armscye.

The condition of finding it difficult to get out of the bed in the morning is called dysania.

Illegible hand-writing is called griffonage.

The dot over an "i" or "j" is called a tittle.

That utterly sick feeling you get after eating or drinking too much is called crapulence! (You don't say?)

The metallic device used to measure your feet at the shoe store is called a Ban-nock device.

How'd you do?

**I can't wait to
be sitting outside at
night**



**207 mosquitoes
LIKED
Your Post**



**Marriage is a
relationship where one
person is always right
and the other person is
the husband.**

**Don't expect me to
stop if you're broken
down by the side of
the road. You were
offered an extended
car warranty several
times.**

HOW DAD ARE YOU?

"Guess it's free then!" (When a cashier has trouble scanning an item)

"Found it" (after pointing the stud finder at your chest)

"Looks like we'll have to amputate!" (when kid has a minor injury)

"Let's rock and roll" (When it's time to leave)

"Did you fall in?" (When a kid takes too long in the bathroom)

"No, you're other right?" (When someone mistakes left for right)

"What's the damage?" (before looking at a bill)

"Can you do mine next?" (when seeing a neighbor washing his car)

"I was just resting my eyes" (after falling asleep on the couch)

"Guess they'll let anyone in here." (when seeing a friend in public)

"Glad we're not going that way!" (when seeing traffic on the other side of the road.)

"Can't get too far without these!" (after forgetting your keys)

"Look, horses!" (when driving past horses)

"I'm not paying to heat the whole neighborhood!" (when the door is left open)

"It's not heavy, just awkward!" (when carrying something heavy.)

"People just don't know how to drive in this town!" (in every town you're in.)

"We really needed this rain." (Every time it rains!)

"That's how they get you!" (after declining additional warranty protection.)

"Back already? How was it?" (when someone comes back inside because they forgot something.)

"That's not going anywhere!" (after tying something down.)



Sun Mon Tue Wed Thu Fri Sat

						1
2	3 8:30 AM— Breakfast Club at Murphy's. Join us as we celebrate your birthday this month.	4	5 11:00 AM— Lunch Bunch. Meet at the res- taurant we choose. Call if you would like to carpool.	6 11:00AM— Exercise in the park. National Day of Prayer	7 Last day to pay \$32 for Hart trip on May 19.	8
9 Mother's Day	10	11	12 12 noon—Picnic in the park. Bring you own lunch and visit in the park.	13 11:00AM— Exercise in the park.	14	15
16	17	18	19	20 11:00AM— Exercise in the park. 5:00PM—Dinner with Friends. Car- pool to dinner and something new each month.	21	22
23	24	25	26	27 11:00AM— Exercise in the park and Strong Steps Screening—FREE!	28	29
30	31 Memorial Day					

You can text or call and leave a message @ 616.843.0572 or
send an email to khanes@allendale-twp.org

“OLD” is when:

- your friends compliment you on your new alligator shoes and you're bare-foot!
- You don't care where your spouse goes, as long as you don't have to go along!
- You are cautioned to slow down by the doctor instead of the police.
- An all-nighter means not getting up to go to the bathroom!
- A good looking woman catches your eye and your pace-maker opens the garage door.

- I hired a handyman and gave him a list. When I got home, only items 1, 3 & 5 were done. Turns out he only does odd jobs!
- If a fire hydrant has H2O inside, what does it have on the outside? K9P (you'll get it eventually!)



What to do if your dog gets skunked! DO NOT GET THEM WET!

Water seals the skunk oil secretion into the hair follicle and your pet will smell for weeks or even months. Instead, make a paste of baking soda and shampoo or dish soap. Apply this mixture liberally onto your DRY pet and let it sit for about 30 minutes, then rinse.

FUN FACT: Skunks can spray up to 10 feet and as many as six times in a row!



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WHAT'S HAPPENING

Please follow guidelines regarding the establishment we are meeting in. If you are not comfortable joining us, we will understand and await the time we can meet without restrictions. Thank you for understanding.

We are meeting again in area restaurants. If you're not ready to meet up, please know that I understand. You need to take care of you and you will know when you're ready! If you need anything, please reach out and let me know. Have a blessed month and stay healthy!

8:30 AM—Monday, May 3 at 8:30 AM, Breakfast—Join the group as we gather for breakfast at Murphy's restaurant in Allendale. No more free breakfast, but warm your heart and tummy with good food, good fellowship and hot coffee! No need to call, just show up!

Wednesday, May 5 at 11:00 AM—Lunch Bunch at El Azteca—What better way to celebrate Cinco de Mayo than eating tacos and drinking Margaritas! Join us as we gather for lunch at our favorite, local, Mexican cantina. Prizes given for trivia. See you there!

Thursdays at 11:00 AM—Exercise class!!! Join the group as we meet in the township park for exercise class, let by Northern Ivy PT staff and interns. This class will continue through the end of summer and into fall. Hope you can join us! FREE!!

Wednesday, May 12 11:30 AM—Picnic in the Park. Bring your lunch and we will meet in the Allendale Township Park for lunch and fellowship. I'll bring dessert. Call Kathy if you have questions. 616.843.0572.

Wednesday, May 19 from 9:00 AM to 2:00 PM—Day trip to Hart for Organ and Piano music with the Ziegers—Join us as we take a journey north to hear and see entertainment like no other. Lunch is included. **Cost is \$32.00 per person and is due by Friday, May 7.**

Thursday, May 20 at 5:00 PM—Supper Club at The Embassy at 10396 Lake Michigan Drive in West Olive—Meet for supper at the restaurant for \$8.99 Burger special, or order from the menu. I hope you can join us!

Wednesday, May 26 at 12:00 noon—Luncheon at Main St. Pub. We will order off the menu, visit with one another and hand out April Newsletters. Let me know if you can join us! Unfortunately the Coopersville Old Kids group has suspended all activities until further notice, so the choir will not be joining us at this time.

If you have a need or any questions I can help you with, please text or call and leave a message @ 616.843.0572 or send an email to khanes@allendale-twp.org



Wednesday, June 16th, 7:30 AM to 7:30 PM—Day Trip to Shippshewana—Family Style dining and a play at the Blue Gate Restaurant, plus other stops for \$60.00 per person. ***We are replacing our mystery trip with this known destination.***

Payment of \$60.00 per person is due by Wednesday, May 26.

We will leave from the Allendale town hall and stop at several of our favorite places before eating a late lunch. Family style meal includes Fried Chicken, Meatloaf, mashed potatoes and gravy, dressing, noodles, vegetable, salad, home-made bread and your choice of dessert.

"The Best Of Me" is the newest comedy joining the decade of hits produced by Blue Gate Musicals. After one too many burnt batches of bread, two too many crooked quilts and a few more gardening glitches than a person can handle, Rachel Miller decides to step out of her comfort zone on the farm and see how 'the other half' lives. Love, laughter, and the lights of Broadway brighten the stage in *The Best of Me!*

This trip is limited to 32, so sign up soon to save your spot. You can text, email or leave a message to get your name on the list. Regarding masks, we would appreciate if you follow the guidelines of each location we stop at. I'm so excited to travel again!!



Just to Warm your Heart...

If I had the power to turn back the clock,
Go back to that house at the end of the block—
The house that was "home" when I was a kid,
I know that I'd love it more now than I did.

If I could be back there at my mother's knee,
And hear once again all the things she told me,
I'd listen as I never listened before,
For she knew so well just what life had in store.

And all the advice that my dad used to give –
His voice I'll remember as long as I live;
But it didn't seem really important then;
What I'd give to live it all over again.

And what I would give for the chance I once had
To do so much more for my mother and dad;
To give them more joy and a little less pain;
A little more sunshine – a little less rain.

But the years roll on and we cannot go back,
Whether we were born in a mansion or shack;
But we can start right now – in the hour that's here,
To do something more for the ones we hold dear.

And since time in its flight is traveling so fast,
Let's not spend it regretting that which is past;
But let's make tomorrow a happier day
By doing our "good unto others" --- today.

Memorial Day is coming, so if you visit a cemetery and see coins on a headstone, please don't remove them as they have meaning.



The meaning of coins on a headstone:

A **penny**—you stopped and paid your respects.

A **nickel**—you attended bootcamp with them.

A **dime**—you served in the armed forces with them.

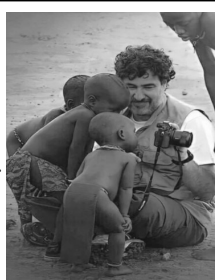
A **quarter**—You were with the soldier when they were killed in action.

An anthropologist showed a game to the children of an African tribe. He placed a basket of delicious fruits near a tree trunk and told them: The first child to reach the tree will get the basket. When he gave them the start signal, he was surprised that they were walking together, holding hands until they reached the tree and shared the fruit! When he asked them why you did that when every one of you could get the basket only for him!

They answered with astonishment: Ubuntu.

"That is, how can one of us be happy while the rest are miserable?"

Ubuntu in their civilization means: (I am because we are). That tribe knows the secret of happiness that has been lost in all societies that transcend them and which consider themselves civilized societies!!



Walking thru my sons school yard... I noticed a bench on the pavement with bright paint around it.
I asked my son "is that the only place to sit around here lol"
And he said "no, that's the buddy bench!
When someone feels lonely or they have nobody to play with, they sit there and people ask them to play"
Wow. Amazing.

I then told him how awesome that was and asked if he has ever used it?

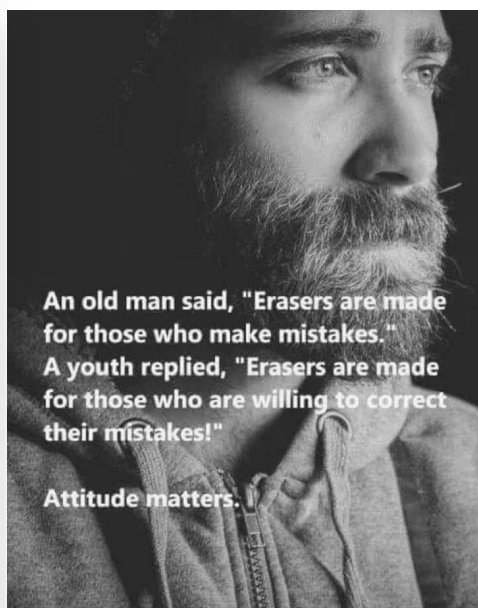
He said "yeah, when I was new I sat there and someone came to me and asked me to play. I felt happy. And now when I see kids on it, I ask them to play with me... We all do".

What a fabulous idea for a school yard.

An old man said, "Erasers are made for those who make mistakes."

A youth replied, "Erasers are made for those who are willing to correct their mistakes!"

Attitude matters.



A little girl was sitting next to her grandfather as he read her a bedtime story. From time to time, she would take her eyes off the book and reach up and touch his wrinkled cheek. She touched her own cheek after she touched his. After a little while of thinking she asked, "Grandpa, did God make you?" He looked at her and said, "Yes, sweetheart, God made me a long time ago." She paused for a few seconds and then asked, "Grandpa, did God make me too?"

He replied, "yes, indeed pumpkin, God made you just a little while ago." Feeling their respective faces again, she whispered to him, "God's getting better, isn't he?"

All Things Michigan...



S.S. Badger A National Historic Landmark

The S.S. Badger is the last coal-fired passenger steamship in operation in the United States. She has provided a fun, reliable and affordable shortcut across beautiful Lake Michigan for more than 60 years and has transported millions of passengers since her re-birth in 1992. In 2016 she received the nation's highest historic honor when the Department of Interior officially designated the Badger as a National Historic Landmark.

Additionally, the Badger is extremely unique in that she is an NHL that moves. The 410ft. S.S. BADGER can accommodate 600 passengers and 180 vehicles, including; RVs, motorcycles, motor coaches, and commercial trucks during her sailing season. Originally designed primarily to transport railroad cars, this grand ship and the people who serve her have successfully adapted to the changing world since she first entered service in 1953.

Her unique and bold character takes you back to a period of time when things were simpler – offering valuable time to slow down, relax...and reconnect with those you love. She is the continuation of a unique and vital maritime tradition, and we celebrate that heritage on board in fun ways that educate, and entertain. Her mission has changed from the days of carrying railroad cars 365 days a year, and the Badger's role in the hearts of the areas she serves has not.

The Badger's commitment to a fun experience offers traditional favorites including free Badger Bingo, free movies and satellite television, lounge areas, a toddler play area; free limited Wi-Fi, onboard gift shop, an arcade, private staterooms, two separate food service areas, two bars, and sprawling outside decks for lounging or walking. Perhaps a romantic night crossing is more fitting for your style with spectacular sunsets and sparkling constellations for stargazers - making the Badger experience extra special.

A trip aboard the S.S. Badger offers passengers fun & treasured memories. Professional travelers have shared their experiences aboard the Badger with the world and this grand ship has received great praise. The Badger was awarded in 2015 & 2016 a Certificate of Excellence from TripAdvisor and has a five star rating with Travelocity!

The Badger experience allows a rare opportunity to explore a little history - and a lot of fun by taking a step back into the past on a journey that's as important as the destination!

From mid-May to mid-October the Badger sails daily between Manitowoc, WI and Ludington, MI Located about an hour from Milwaukee, WI and Muskegon, MI.



A Concise Guide to WHERE AND WHEN TO FIND MORELS

WHERE TO FIND THEM

- Former burn sites
- Near deer trails
- Near certain pine trees
- Near certain deciduous trees
- Only in mixed growth forests
- Near streambeds
- Near Sasquatch dens
- At the end of the rainbow
- You can catch them in the rye
- The same place Waldo is
- Near trees shedding bark
- Near dead trees
- Near alive trees
- On the east side of hills
- On the west side of hills
- Near the resting place of Jimmy Hoffa
- Follow the yellow brick road
- In places where alien spacecraft have landed

WHEN TO FIND THEM

- Two days after rainfall
- Earlier in the season than you'd think
- Later in the season than you'd think
- The first Tuesday following a full moon
- When dandelions are blooming
- During the mating season of the northern reticulated chipmunk
- In years when the Cubs win the World Series
- Only during Shark Week

(In other words, you never really know – so keep on looking!)



TIP: Morel hunters beware the False Morel. They are poisonous!! The stem goes up into the cap instead of joining it at the base. Be careful out there...



THE REST OF THE STORY....

I believe in the rest of the story. I believe there's still ink in the pen.... and someday all that's hazy through a clouded glass will be clear at last.

Paul Harvey Writes: We tried so hard to make things better for our kids that we made them worse.. For my grandchildren, I'd like better. I'd really like for them to know about hand me down clothes and homemade ice cream and leftover meat loaf sandwiches...I really would!

I hope you learn humility by being humiliated, and that you learn honesty by being cheated. I hope you learn to make your own bed and mow the lawn and wash the car. I really hope nobody gives you a brand new car when you are sixteen. It will be good if at least one time you can see puppies born and your old dog put to sleep.

I hope you get a black eye fighting for something you believe in, I hope you have to share a bedroom with your younger brother. And it's all right if you draw a line down the middle of the room, but when he wants to crawl under the covers with you because he's scared, I hope you let him. When you want to see a movie and your little brother wants to tag along, I hope you'll let him.

I hope you have to walk uphill to school with your friends and that you live in a town where you can do it safely. On rainy days when you have to catch a ride, I hope you don't ask your driver to drop you two blocks away so you won't be seen riding with someone as uncool as your Mom.

If you want a slingshot, I hope your Dad teaches you how to make one instead of buying one. I hope you learn to dig in the dirt and read books. When you learn to use computers, I hope you also learn to add and subtract in your head. I hope you get teased by your friends when you have your first crush on a girl, and when you talk back to your mother that you learn what ivory soap tastes like. May you skin your knee climbing a mountain, burn your hand on a stove and stick your tongue on a frozen flagpole.

I don't care if you try a beer once, but I hope you don't like it. And if a friend offers you dope or a joint, I hope you realize he is not your friend. I sure hope you make time to sit on a porch with your Grandpa and go fishing your Uncle. May you feel sorrow at a funeral and joy during the holidays.

I hope your mother punishes you when you throw a baseball through your neighbor's window and that she hugs you and kisses you at Christmas time when you give her a plaster mold of your hand. These things I wish for you – tough times and disappointment, hard work and happiness.

To me, it's the only way to appreciate life. Written with a pen and sealed with a kiss. I'm here for you. And if I die before you do, I'll go to heaven and wait for you..

We secure our friends, not by accepting favors, but by doing them..

Paul Harvey

When asked this riddle, 80% of kindergarten kids got the answer, compared to 17% of Stanford University seniors..

What is greater than God, More evil than the devil, The poor have it, The rich need it, And if you eat it, you'll die?

Give up? Answer: NOTHING
Nothing is greater than God
Nothing is more evil than the Devil
The poor have nothing,
The rich need nothing,
If you eat nothing, you will die.

Did you know, the song "It Is Well With My Soul" was written by a successful Christian lawyer Heratio Spafford. His only son died at age 4 in 1871. In 1872, the great Chicago fire wiped out his vast estate, made from a successful legal career. In 1873 he sent his wife and four daughters over to Europe on a summer trip on the ill fated SS Ville du Havre. Since he had a lot of work to do, he planned to follow them later. The ship sank and he lost his four daughters with the wife being the only survivor. She sent him a famous telegram which simply read, "SAVED ALONE....."

On his return home, Spafford learned his Law firm was burned down and the insurance company refused to pay him. They said, it's an act of God." He had no money to pay for his house and no work, he also lost his house. Then while sitting and thinking what's happening to him, being a spiritual person, he wrote a song - "Whatever, my Lord, You have taught me to say - It is well, it is well with my soul."



My dear friend, a good attitude will determine your altitude. When you look at your life, career, job or family life, what do you say? Just sit down and say, "Today, God, it is well with my soul, I am thankful I had a peaceful sleep, I am thankful I am alive with possibilities, I am thankful I have a roof over me, I am thankful I have a job, I am thankful that I have family and friends. Be blessed and don't be envious or shocked when others are prospering because you don't know what they have been through to get there (test, trials and tribulation) so thank God for what you have. "Little is much when God is in it. It is well With my soul!"